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Family Voice Annual Conference

Saturday 10th March 2018

John Innes Centre, Norwich NR4 7UH

● **Keynote speech** ●
on children's and young people's mental health and emotional wellbeing

● **Face-to face** ●
meetings with professionals

● **Workshops** ●
on Transition, the Local Offer, Personalised Travel Payments, Carers Matters, Early Years, SaLT, independent travel and more...

● **40 stands** ●
from service and support providers for children and young people with SEND

● **Free entry and lunch** ●

HURRY to book remaining delegate places and off-site childcare places (for children/young people 5–25 with SEND):

- online at www.familyvoice.org.uk • by phone on 07535 895748
- by email to admin@familyvoice.org.uk • or via links on

 [FamilyVoiceNorfolk](https://www.facebook.com/FamilyVoiceNorfolk)

 [@familyvoicenf](https://twitter.com/familyvoicenf)



Consultation: Improving control, support and choice for wheelchair users

Since 2014, anyone who receives Continuing Healthcare has the right to have a Personal Health Budget. A Personal Health Budget is an amount of money, allocated by local NHS organisations based on agreed health and wellbeing needs, to buy and plan services and equipment that best meet people's needs and maintains independence.

With support from NHS England, Local NHS commissioners in Norwich, South Norfolk and North Norfolk have committed to work with a wide range of people who use Wheelchair Services, carers, community organisations and other interested parties, to develop a Personal Health Budget-based approach to wheelchair provision in Central Norfolk.

The project also aims to support health and social care services to work in closer partnership, around wheelchair services and support, to ensure better outcomes for wheelchair users.

The changes and recommendations necessary to support a Personal Health Budget orientated wheelchair service will be delivered through a co-production-led Project Group.

Co-production is a way of working that involves people who use health and social care services, carers and communities in equal partnership; and which engages groups of people at the earliest possible point in time in the design, development and evaluation of service design.

A Project Coordinator, William Snagge, has been appointed to initiate the co-production process and support this work during the first quarter of 2018. Ultimately this work is about delivering more choice, more control and more equality of opportunity to wheelchair users.

There are two ways in which members of the community living in Central Norfolk, or with responsibility for services and support delivered in Central Norfolk, can get involved:

1. Through participation in one (or both) of two Wheelchair Personal Health Budget Co-production Workshops. See the poster on the next page and please do share this with anyone else you feel may be interested.
2. Membership of the time-limited Wheelchair Personal Health Budget Project Co-Production Steering Group, which will meet each month of the three-month life of the project (in addition to attending the events outlined above), to support effective delivery of the project and ensure it remains true to its Co-production and Integration ambition.

To express an interest in joining the Wheelchair Personal Health Budget Project Co-Production Steering Group, please get in touch with William Snagge at william@snaggemoore.com or Lea Littleford, Integrated Commissioning Manager, Norwich Clinical Commissioning Group, at Lea.Littleford@NHS.net or telephone 01603 751650.

Remember...

If you have news or views to share with us, you can contact our Membership manager Kate on 07950 302937 or email her at: membership@familyvoice.org.uk or contact us on:



www.familyvoice.org.uk



[FamilyVoiceNorfolk](https://www.facebook.com/FamilyVoiceNorfolk)



[@familyvoicenfkc](https://twitter.com/familyvoicenfkc)



Can you help improve Control Support and Choice for wheelchair users in mid Norfolk?

NHS services in Norwich, South Norfolk and North Norfolk are working with people who use wheelchair services, carers, and community organisations to develop a **Personal Health Budget*** based approach to wheelchair provision in central Norfolk.

Come to one (or both) of our Workshops and get involved:

Workshop 1 - *Moving to a Personal Health Budget*

Wednesday 28 February, 10am to 1.30pm

Equal Lives, 15 Manor Farm Barns, Fox Road, Framingham Pigot, Norwich, NR14 7PZ

Working together to understand and address the key barriers and enablers associated with transitioning existing services to a Personal Health Budget-orientated approach.

Workshop 2 - *Supporting NHS and council services to deliver improved wheelchair solutions together*

Wednesday 21 March, 10am to 1.30pm

The Costessey Centre, Jerningham Room, Longwater Lane, Costessey, Norwich, NR8 5AH

Working together to understand and address the key barriers and enablers associated with supporting health and social care services to work collaboratively.

Who should come and how to book?

We are very keen to involve existing and new wheelchair services customers; health and social care professionals; user groups and forums; the voluntary and wider community sector; providers and wheel manufacturers at these events. **To book your place please email Lea Littleford at Norwich Clinical Commissioning Group via: lea.littleford@nhs.net. NB Please let us know if you have any special access or support requirements that we should be aware of when booking a place.**

*A Personal Health Budget is an amount of money, allocated by the NHS to buy services or equipment that best meets people's needs - and maintains their independence.

SNAGGE MOORE
& ASSOCIATES Limited



NHS
Norwich
North Norfolk, South Norfolk
Clinical Commissioning Groups





Children's Speech and Language Therapy

Community as Teachers Events

We would like to hear your views on the children's speech and language therapy service provided by East Coast Community Healthcare.

We will be holding a number of forums across the county to get feedback on your experiences, your ideas to improve the service, including any difficulties or challenges you would like to raise with us, and any other comments – good or bad - you may wish to make.

East Coast Community Healthcare strives to ensure that our services meet the needs of our patients now and going forward in the future. These events are suitable for parents, carers, education professionals, early years practitioners and health professionals

Dates:

20 February 2018, 10 am—12 noon, at Kings Centre, Yarmouth

28 February 2016 10am—12 noon at, St Augustine's, King Lynn

01 March 2018 10am—12 noon, at Dereham Football Club, Dereham

13 March 2018 10am—12 noon at Woodside Community Hub, Norwich

To book your place please contact

Carolyn Paterson

Tel: 01493809977

Email: ECCH.SALTtraining@nhs.net

Consultation: Blue Badge eligibility

The government has launched an open consultation about Blue Badge eligibility and how it is assessed. The consultation began on 21 January and ends on 18 March 2018.

The government believes that the Blue Badge scheme should not discriminate in principle between physical and non-physical disabilities.

The current rules embrace all conditions, physical or otherwise, but it has become clear that the regulations and guidance are not clearly understood by local authorities. People with hidden disabilities may be finding it difficult to access badges, even though their condition causes them very significant difficulties when travelling.

Go to <https://www.gov.uk/government/consultations/blue-badge-disabled-parking-scheme-eligibility-review/blue-badge-scheme-consultation-on-eligibility> to view the consultation document and see what changes are proposed. You will also find a link to give your views, or details of how to submit them in other ways.

New government posts

Early in January, Theresa May reshuffled her cabinet, with the following results for those interested in matters to do with special educational needs and/or disabilities (SEND).



Secretary of State for Health and Social Care is now **Jeremy Hunt**. He was Secretary of State for Health from 2012. His department includes Jackie Doyle-Price (Under Secretary of State for Mental Health and Inequalities).

Secretary of State for Education is **Damian Hinds**. He was previously Minister of State for the Department of Work and Pensions. Nick Gibb is Minister of State for School Standards.



Consultation: Transforming children and young people's mental health provision

The government has published a green paper on how it wants to improve support for children and young people with mental health issues. This involves changes to how schools address this, how NHS provision is organised and delivered, looking at the influence of social media, at how mental health problems can be prevented and at how best to support families. For more information, including a very useful quick-read version, and details of how to give your own views or relate your experiences, go to <https://engage.dh.gov.uk/youngmentalhealth/>





Carers Matter Norfolk

with carers at the heart of everything we do

Hello, welcome to Carers Matter Norfolk, the new support for unpaid carers across Norfolk. There's lots of new and different types of support we're providing to carers, all of which have been created to be flexible around carer's lives and what matters to them.

Carers Matter Advice Line: listening, information, advice and guidance:
Monday - Friday 8am - 8pm; Saturdays 4pm - 8pm and Sundays 8am - 12noon

Community Support: face-to-face 1:1 support with a Carer Connector & Carer Support Volunteer in your local area

The Pod: online carer community, chat with other carers, health professionals and people who wish to help, 24 hours a day

Education & Training: training for Carers Peer Support Groups e.g., First Aid or Harm Free Care; county-wide events and Carers E-Learning Portal

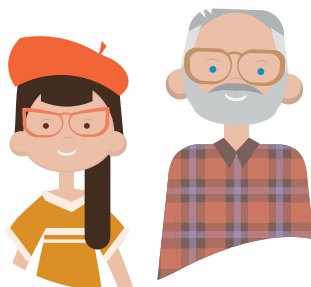
Counselling: mental & emotional health and wellbeing support, advice and ways of identifying coping strategies

Carers Membership & Voice: membership to Carers Council, receive information & news on what's happening in your area and get involved.

[@CarersMatterNfK](#)
[Facebook.com/CarersMatterNorfolk](#)
[info@CarersMatterNorfolk.org.uk](#)

Carers Matter Norfolk is about what matters to you as a carer. We're here to help carers throughout Norfolk and here's how you can access support or find out more:

- Freephone 0800 083 1148
- Live chat with our family carer advisors www.CarersMatterNorfolk.org.uk
- Text 07537 417850



Schedule of Carer Involvement Groups and Opportunities 2018

Locality Networks

'The Locality Network meetings are for carers and people working with carers to come together and share information about services and support for carers. To identify what works well, what could be improved and any gaps in services.'

Carers can attend all meetings or drop in and out as suits their circumstances.

All meetings are 10.30am – 12.30pm

East Norfolk (all Wednesdays)

Louise Hamilton Centre, James Paget University Hospital, Gorleston, Great Yarmouth, NR31 6LA

31 January, 28 March, 30 May, 25 July, 26 September, 28 November 2018

North Norfolk (all Tuesdays)

ACT Centre, St. Michael's Avenue, Aylsham, NR11 6YA (usually Nigel Grimsby Room)

23 January, 20 March, 22 May, 17 July, 18 September, 20 November 2018

Norwich (all Thursdays)

Costessey Centre, 1 Longwater Lane, Costessey, Norwich, NR8 5AH (Lions Room)

25 January, 22 March, 24 May, 19 July, 20 September, 22 November 2018

South Norfolk (all Tuesdays except 15 March)

South Norfolk House, Cygnet Court, Long Stratton, Norwich NR15 2XE

16 January, 15 March (Thurs), 15 May, 10 July, 11 September, 13 November 2018

West Norfolk (all Thursdays)

A Piece of Mind King's Lynn, Saunders Yard, Austin Street, King's Lynn, Norfolk, PE30 1PH

11 January, 8 March, 10 May, 5 July, 6 September, 8 November 2018

Contact: Louise Gould, Networks Facilitator, louise.gould@carersmatternorfolk.org or 07508 035428

Carers Matter Norfolk

Since October 2017, Carers Matter Norfolk has been the commissioned (co-funded by Norfolk County Council and the five NHS Clinical Commissioning Groups) service to support unpaid carers across the county. They are Carer-led with co-production built into everything they do. They are keen for carers to support the ongoing design, delivery and evaluation of the service from grassroots to strategic governance.

Kevin Vaughan writes: "The Carers Locality Networks provide an opportunity for carers and professionals, including practitioners, managers and commissioners, to come together to share best practice, information and shape carers support within that local area. Carers can join meetings by telephone (teleconferencing), by Skype, Facebook, Twitter or text and email their comments and thoughts in advance."





BIRTH TO FIVE: FREE INFORMATION WORKSHOP PROGRAMME

Welcoming and informative sessions for parents and carers of children aged 0-5 who have additional needs

9.30-11.30am – refreshments provided

Venue: The Hamlet Charity, Johnson Place, Norwich NR2 1SJ

To find out more or to book your free session, please contact Marian at

eastofengland@contact.org.uk 01603 452 717 or 07548 045 726
or contact Charlotte Fendick at The Hamlet Charity 01603 766 566
or book online at www.eventbrite.co.uk/e/birth-to-five-tickets-41307024422

The Hamlet **contact** For families with disabled children
Overcoming Barriers, Creating Opportunities

Contact is a trading name of Contact a Family. Charity registered in England and Wales (284912) and Scotland (SC039169).

Autism Anglia

www.autism-anglia.org.uk



Autism Information Sharing Day 2018 with a main focus on "Autism and females" but plenty more to interest everyone!

A day of discovery, sharing & celebration

Come for the whole day or part of the day or just drop-in to view the stands anytime

Thursday 8th March 2018 09:15 to 16:15

Venue: Theatre Royal, Norwich, NR2 1RL

For more information, contact Anne at

conferences@autism-anglia.org.uk

or go to www.autism-anglia.org.uk

**Opportunities for sharing
Discovering and celebrating through
meeting others**

Networking

Information stands

**A programme of information sessions
running throughout the day**



Norfolk SEND Partnership
Information, Advice and Support Service



Special Educational Needs & Disabilities TRIBUNAL Workshop
For parents wishing to appeal their final EHCP plan or statement

WHEN
Wednesday 28 February 2018
9.30 am – 12.30 pm

WHERE
The Woodside Hub, Witard Road, Norwich, NR7 9XD

TO BOOK CALL 01603 704070 or
Email: sendpartnership.ias@norfolk.gov.uk

COST - FREE
Tea & Coffee available

GUIDANCE WITH

- Considered Mediation?
- Appeal Forms
- Preparing your case for appeal
- Appeal timetable
- Evidence needed

There will be some individual time slots available for individual support from 1pm after the workshop. These must be booked in advance

www.norfolk.gov.uk/tribunal



SEND e-Newsletter

If you do not already subscribe to Norfolk's SEND e-Newsletter, you can do so easily on the Local Offer website (www.norfolk.gov.uk/send).

The newsletter is full of information about events and services in Norfolk that may be of interest to you and your family.

Family Voice Norfolk newsletter deadlines

The next newsletter will appear at the end of February. If there are issues that you would like to see covered, please contact Bernadette at admin@familyvoice.org.uk or leave a message on 07535 895748 before 20 February 2018.

