

Norfolk's Local Offer

**“a one stop shop for special
educational needs and disability (SEND)
in Norfolk”**



What is the Local Offer?

- A website and a directory giving information about provision which is available across education, health and social care
- For children and young people who have special educational needs (SEN) and/or disabilities, their families and the professionals who support them



Personalise
your
approach

Develop a
shared vision

Improve
post-16 options
and support

Raise
aspirations

Plan services
together

Preparing for Adulthood

5 key messages

4 Pathways

Prepared for adulthood

Employment

Independent living

Community Inclusion

Health Pathway



Preparing for
Adulthood



But what do children and young people want to see?

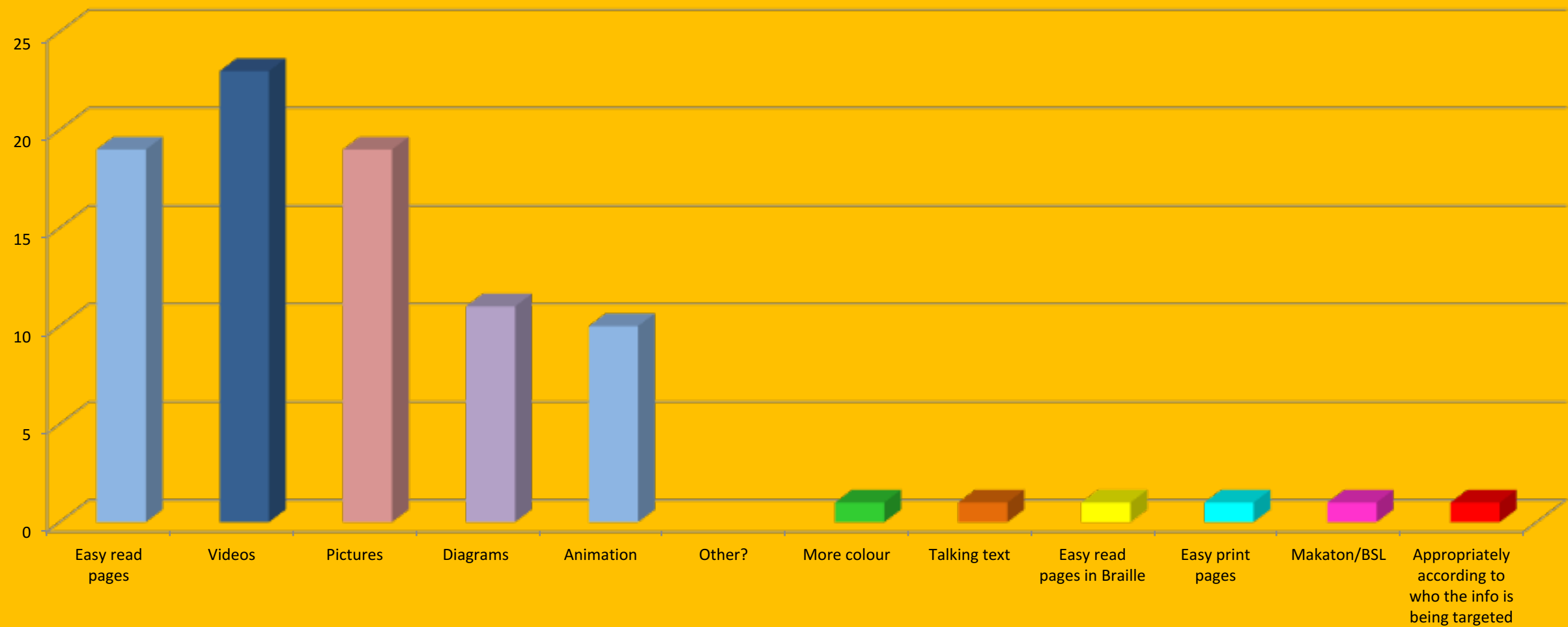
- Children at Sheringham Primary School
- Children and young people at Sheringham Woodfields School
- Young people at Sheringham High School
- Children and young people at Fred Nicholson School
- Young people visiting the White Lion Café
- Young people from the DRAGONS
- Young people attending the FUSE party at Mercy's
- Children from Cromer Junior School SRB



friends
xbox painting YouTube pets jobs listening
communication restaurants
family medication safety transport health news
behaviour house activities
games help bravery bullying shops
money music playing accessible sport
understanding films children avatar videos

school
activities
jobs
stories
exams
websites
films
garden
Wiki
pictures
pets
YouTube
family
music
others
Childline
doctors
transport
banking
spelling
games
reviews
friends
hospital
cooking
house
art
business
money
messenger
TV
mathswatch
university
clubs
sport
helping
college
holidays
dentist

How do you want to see this on the Local Offer website



Local Offer for children and young people

Welcome to the area of the SEND Local Offer which is for young people age 10-25



Get to know me



My health



My education



My job



My money



My rights and the law



My free time



My home





Read page aloud



Change text size



High contrast version



Help on this site



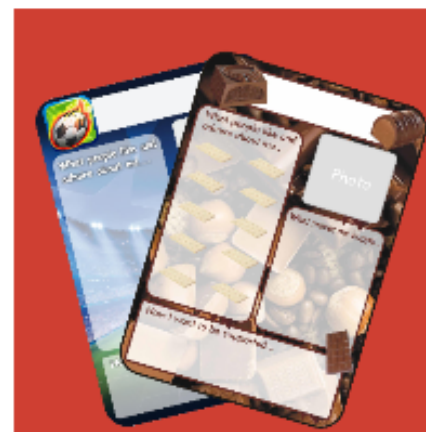
Google translate



What it is like to be me



Things I like to do



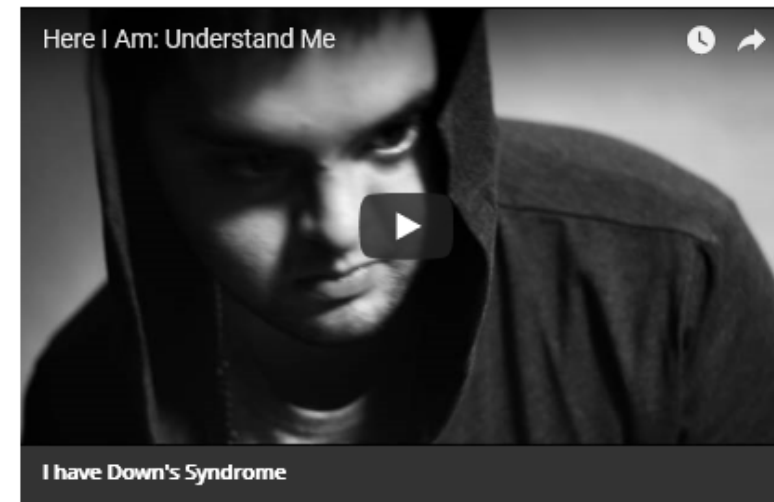
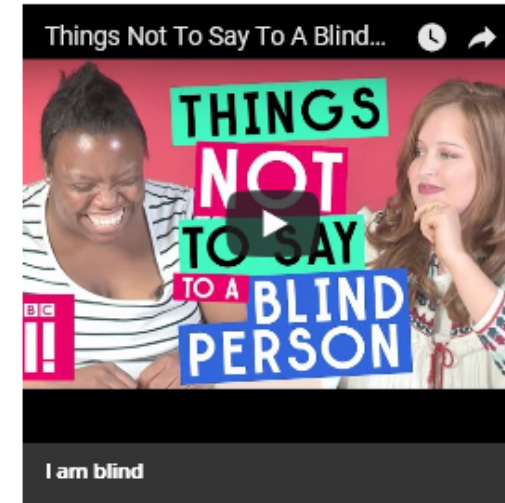
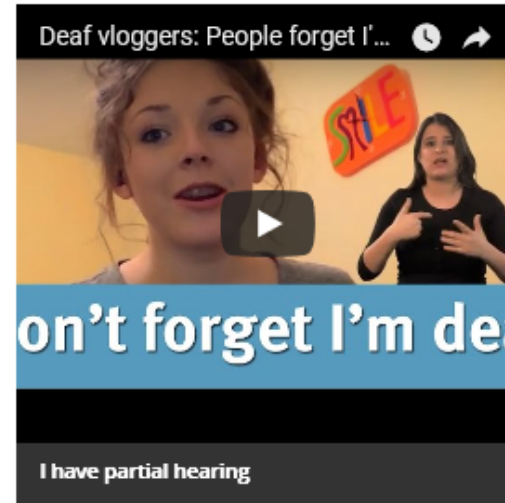
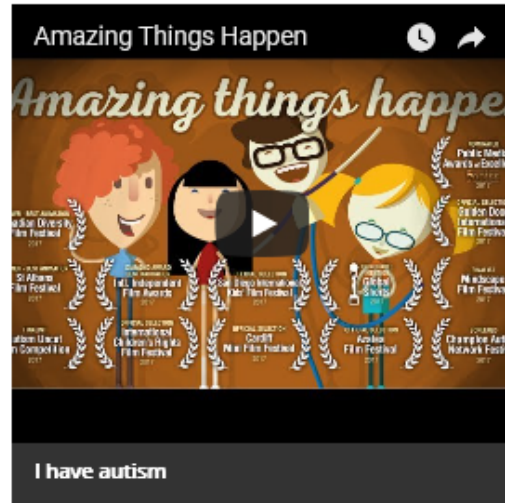
Understanding me



What it is like to be me

We are all different - how we look, how we talk and how we feel. It is important that other people try to see past those differences to see the real you.

You could ask people to watch the videos below to see what it is like to have a special educational need or disability.

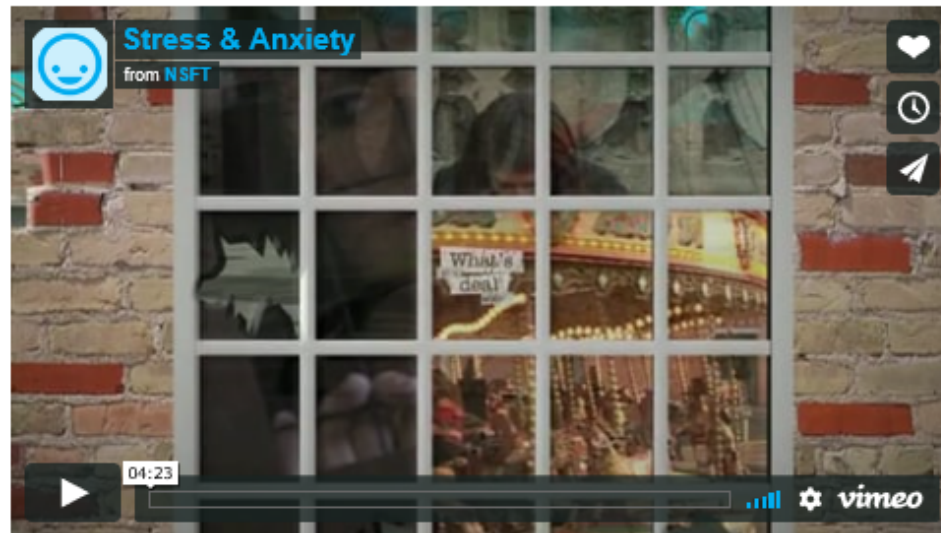


Stress and anxiety

- Download [an easy read guide on anxiety](#)
- Download [an easy read guide on depression](#)
- Download [an easy read guide on dealing with stress](#)

For most of us, there are times in our lives when there is too much happening (being stressed), you are feeling really worried (feeling anxious) or find it difficult to cope.

Unfortunately, trying to build up your independence may put you in a situation where these feelings can start to make it difficult to do the things you would like to do.



It is important to know where you can go for help:

- [Community youth mental health team](#) provides support in the community for young people with mental health illnesses
- [Health for Teens website](#) gives further information on feelings and relationships
- Local Mind charities offers services including supported housing, crisis helplines, drop-in centres, employment and training schemes, counselling and befriending (when someone helps you by doing activities with you). Contact your nearest branch in [Great Yarmouth](#), [Norwich and central Norfolk](#) or [West Norfolk](#)
- [Norfolk and Suffolk wellbeing service](#) can support you in the first steps of managing your levels of stress
- [Reading Well Books on Prescription](#) is a scheme run by Norfolk Libraries. You can borrow a range of self-help books that are recommended by health professionals
- [Young Minds](#) is the UK's leading charity championing the wellbeing and mental health of young people

You may also be interested in...

Be active

Healthy eating

Annual health check

Your health record

People who can help

Local Offer for children and young people



Ways to pay

There are many ways to pay for the things you buy (called goods) or for paying bills for services.

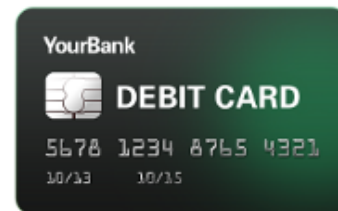
Some of the ways to pay include:



- **Cash** – the most common way to pay for everyday purchases



- **Cheques** – a way to pay money into, or out of your bank account



- **Debit card** – a way to pay for goods and services. You can also use it for getting cash from your bank or a cashpoint machine (also called an automated teller machine (ATM))

You may also be interested in...

How to get money
Money skills
Bank account
Local Offer for children and young people



Local Offer for children and young people

Welcome to the area of the SEND Local Offer which is for young people age 10-25



Get to know me



My health



My education



My job



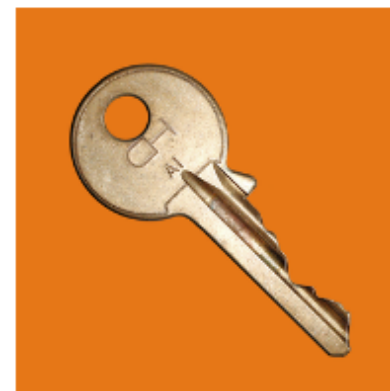
My money



My rights and the law



My free time



My home



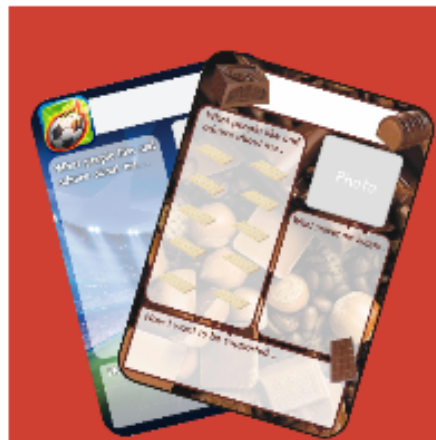
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My health



Your health record



How to stay healthy



People who can help



My education



Places you can learn



How you can be supported



If you need a lot of help



My job



Why work?



Easy read guides



Types of jobs



Help finding work



Support at work



ESA work scheme



My money



How to get money



Bank accounts



Money skills



Ways to pay



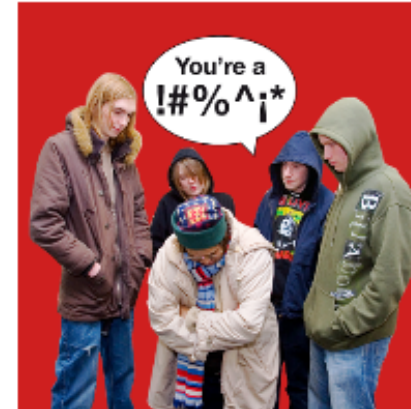
My rights and the law



Everyone's rights



Easy read guides



Bullying



Disability hate crime



What happens if you are arrested



Members of Parliament (MPs)



My free time



Sport



Art



Play or learn online



Sharing your views



My home



Where you could live



Paying for your home



Other things to think about



How can your young person help?

- **Success stories**
 - Moved onto high school
 - Moved onto college
 - Got a job
 - Got a house...
- **Share what they like to do**
 - Hobbies
 - Music
 - Games
 - Tell their story



How can they help other young people?

- Video story
- Text with images
- Host a CYP Local Offer Forum
- Contact me Wayne Doman @ send@norfolk.gov.uk



Any questions...?

Thank you for listening 😊

