

# Preparing for Adult Life

## A Ten Step Pathway to Transition Planning for all Young People with Additional Needs



### **Getting Ready (Age 13-14) - Information**

Person – centred planning starts. It should be led by the school and include: the young person, their family, those people important to them, and education, health and social care professionals.



### **Making a Plan (Age 13-14) - Planning**

Identify a lead person and record aspirations, goals and adult outcomes for education, employment, independent living community inclusion and good health.



### **Getting on Track (Age 13-14) - Tracking**

Confirm that Norfolk County Council has recorded the young person on their Transition Tracking system.



### **Future support options (Age 14-16) - Referrals**

Complete referrals as required to adult social care, further education and training providers and specialist adult health services.



### **Carry on planning (Age 14-17) - Planning Ahead**

The Transition Plan and any funded support monitored and reviewed. Universal, targeted and specialist services considered to meet, aspirations, goals and adult outcomes.



### **Linking needs (Age 14-17) - Assessments**

Adult social care and specialist health assessments take place at a time of 'significant benefit' to the young person and consider how current and future support should merge.



### **Moving on (Age 16-19) - Leaving school**

Move on to a college placement, training provider, work placement, day service placement, new accommodation or new health and social care professional support.



### **Meeting specialist needs (Age 18-25)**

Qualifying young people have a funded support plan in place linked to a Personal Budget or Personal Health Budget that details all specialist adult support necessary to meet identified education, health and social care needs.



### **Accessing universal services (Age 18-25)**

All young adults will be supported to access mainstream services. Young adults who do not qualify for funded health or social care services continue to receive advice and guidance from education professionals, training providers, voluntary organisations and any statutory services available to Care Leavers.



### **Reviews (Age 18-25) - Maintaining the right support**

All education and specialist health and social care plans are reviewed to ensure that adult outcomes continue to be delivered.